Sauls-Bridges American Legion Post 13 News

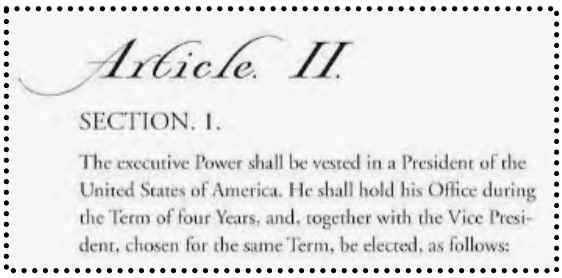
Volume 76, Issue 11 November 2026

The Term "President"

The United States was the first country to use the term "President" to denote the leader of their nation."

In 1783, the signing of the Treaty of Paris granted the United States its independence from Great Britain. But where would the U.S. go from here? With no rules of law, form of government, and no structure, it would have to be determined by a body of legal, political and representation of the people to develop all the new country would need to succeed.

Who would even lead this great nation? And what to call that person? "The title "president" — derived from the Latin *praesidere*, which means "to sit before" — had usually been reserved for heads of colleges or ceremonial titles in congresses or committees." This term would be part of the democratic process of the new nation.



Article. II.

SECTION. 1.

The executive Power shall be vested in a President of the United States of America. He shall hold his Office during the Term of four Years, and, together with the Vice President, chosen for the same Term, be elected, as follows:

Article II of the U.S. Constitution was the creation of the leadership role and the leader's name. According to Article II Section 1:

Article II of the U.S. Constitution establishes the executive branch of the federal government, which enforces and carries out federal laws.

Section 1 (The Presidency and Vice Presidency): *Vests executive power in a* ***President of the United States****, sets a* ***4-year term*** *for both the President and Vice President, and explains the* ***Electoral College*** *selection process. It lists the basic requirements to hold office (at least* ***35 years old****, a* ***natural-born citizen****, and a* ***14-year resident*** *of the U.S.), outlines presidential succession, fixes the president's compensation, and mandates the presidential oath of office.*

Convening in the spring of 1789, it was Congress' objective to determine how to address the first President of our country, George Washington. John Adams, Vice President and head of the Senate, put together a committee of his peers to debate the issue. The debate raged on and it began to get out of hand with tempers flaring. It was George Washington who determined the new way to address the President: "The President of the United States."

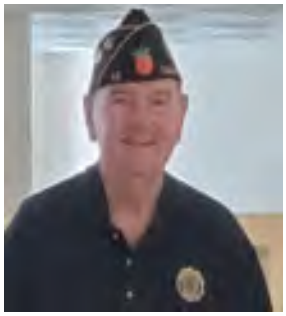
Haiti was the next country to use the term "President" for its leadership in 1807. Countries began to follow suit as the term caught on. Currently, dozens of countries use the term for their nation's head of state.

https://www.interestingfacts.com/fact/63ebe634a96da400083723e8?liu=ea3b14849e460020bd65fc834def2b27&utm_source=daily&utm_medium=email&utm_campaign=2076808877#63ebe48fc79baa0009057b75

EVERY DAY IS MEMORIAL DAY—AND EVERY DAY IS VETERANS DAY!!

Commander's Thoughts

Submitted by Dennis Hall, Commander Post 13



We are all heading into a busy time on our personal calendars. Several of your family events will be held and it is no different with your Post 13 family. I hope you will take advantage of several opportunities to fellowship with your fellow comrades in November and December.

Tuesday, November 3, is Election Day and I hope you take advantage of the right you have to vote for those you want to represent you. Our Post will be a voting precinct once again for Precincts 3508 and 3509. The Post takes great pride in assisting the Supervisor of Elections by opening our Post to the voting public. We have done so for many years.

Saturday, November 7, is the date for our next quarterly District 2 Meeting. It will be held at Lanark Village and begins promptly at 10:00 a.m. All legionnaires are welcome to attend.

Wednesday, November 11, is Veterans Day. A delicious complementary Veterans Day breakfast will start the day off at the Post. The Leon County Government and our Post team up together to feed over 400 people breakfast at the Post. Serving times are 6:30 a.m. to 9:00 a.m. Join us for scrambled eggs, grits, biscuits, sausage, bacon, sausage gravy, coffee, and fruit juices to enjoy. Following the breakfast we will have a float for the parade that morning. We need a few volunteers to decorate the float and ride on the float. **Mission BBQ** is offering a free sandwich, all day, at their restaurant on Magnolia Drive. The **North Florida Fair** will provide free admission to the fair for veterans on Veterans Day who provide their military ID card.

Thursday, November 12, is the date for our November Post General Business Meeting. The meeting begins at 6:25 p.m. I encourage you to attend.

Sunday, November 15, is gaming night at the Post. Come join us for fun and games beginning at 4:00 p.m. and continues to 6:30 p.m.

Thursday, November 26, is Thanksgiving Day and Premier Home Builders will have a complementary community Thanksgiving lunch at the Post. Serving times are 11:30 a.m. to 1:00 p.m.

The general public is invited to attend and our Post members. If you do not have a place to have lunch on Thanksgiving, please join us at the Post.

Sunday, November 29, we will be decorating the Post for the holidays. The decorating begins at 2:00 p.m. and we can use your help in getting the Post looking festive for the holidays. Come out and join the fun in decorating the Post. It looked very beautiful last year.

Sunday, December 20, is the date for our Holiday Party. Please put this date on your calendar, and more information will be coming soon.

As I stated, we have many activities and events planned in the coming weeks, and I hope you will be present for many, if not all.

There will NOT be any Post Socials on the fourth Thursdays in November or December due to the holidays. They will resume in January.

Thank you to all who have renewed your membership for 2027. If you have not renewed, please do so today.

Thank you for all you do for our veterans.

Best regards,

Dennis Hall,
Commander Post 13



"For God and Country"



"Autumn is a second spring when every leaf is a flower." ~ Albert Camus

VOLUME 76, ISSUE 11

Sauls-Bridges Legion Hall
September 2026
Submitted by Steven M. Shaffer, Post 13 Historian



Greetings once again. The last 30 days have been very busy and eventful. A few things to mention in this months' submission to our newsletter. Post 13 dinner this month on the 24th, was the Boys State recognition, the arrival of Fall temperatures, Hurricane Isaias making landfall in the panhandle, and swearing in of new members to our Post.

Let's get started.

The Boys State young men were honored by Post 13 at the monthly dinner. If you haven't been to one of these dinners, and it doesn't matter what the theme is; I encourage you to carve out the time for good food at a reasonable price, and great fellowship as the Post celebrates and honors those that make a difference in our community in general and the Post in particular.

Post 13's sponsorship of Boys State is an important cause in the American Legion's commitment to one of the four pillars of our mission. The four pillars of the mission of the American Legion are:



Veterans Affairs & Rehabilitation,
Americanism,
Children & Youth, and
National Security.

Boys State is the Department of Florida Veteran's effort to supporting youth and citizenship which is basically the first pillar of Americanism. These selected young men learn the process of our form of representative government, forming coalitions to submitting ideas and bills for passage to make our state a better place. Check out the State's website for more: www.floridalegion.org/programs-services/boys-state/

Below are several photos that captured the event. Enjoy.





Great food, great people, and great young men who will become new leaders in whatever they decide to become in the future.

"Autumn carries more gold in its pocket than all the other seasons." ~ Jim Bishop

September 2026 continued...







Each Boys State attendee described their experiences for the week at the Capitol and were presented with the Post 13 Certificate of Appreciation for their week of learning and participation in Boys State 2026.





"Autumn is springtime in reverse." ~ Terri Guillemets

September 2026 continued...










Newest Post 13 members sworn in during the October business meeting.



Commander Dennis Hall (left) with Chaplain John Folsom

"Now in November nearer comes the sun down the abandoned heaven." ~ D. H. Lawrence

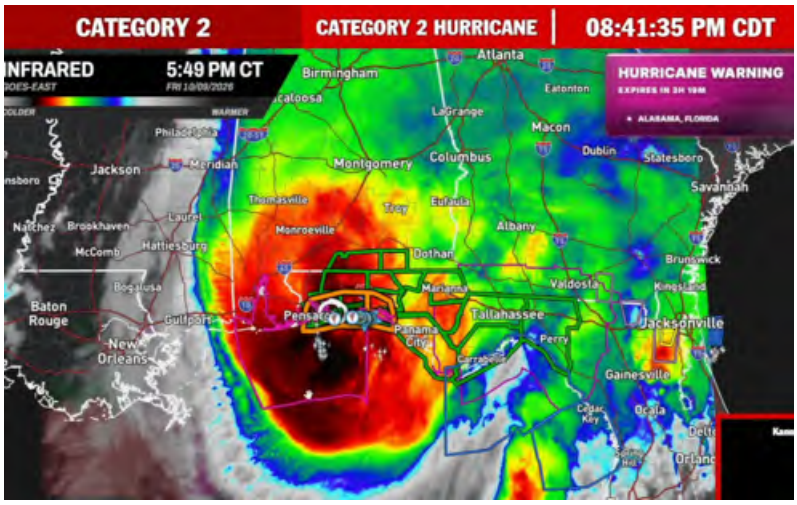
September 2026 Continued...

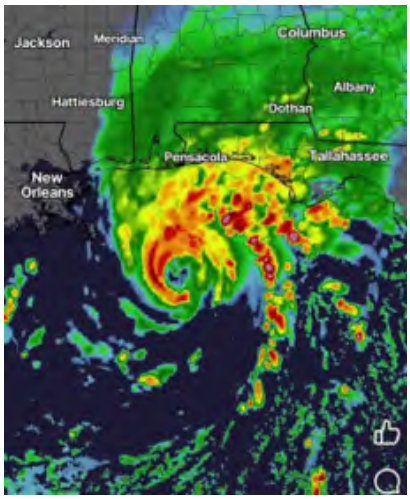
Other matters were discussed such as budget, the upcoming Veteran's Day celebration and breakfast on November 11th. Mark your calendars. And a parade downtown. I was on the float last year, and it was a lot of fun waving to the crowds along the route.

Lastly our prior year's Chaplain John Folsom was voted on to assume the role of Post 13 chaplain again. He seems to be doing a good job. I haven't heard any bad reports from upper management so I suppose we'll keep him.

Lastly, if you haven't been living under a rock, you know the panhandle got hit with a CAT 2 hurricane. Tallahassee had many trees down and over 5-inches of rain. I trust all of our members made it through OK, as well as our city.

There were power outages all over town, but as this article goes to press, I trust power and road clearing is all but finished up. Welcome to Florida!









ELECTION DAY IS NOVEMBER 3RD

MAKE SURE YOU CAST

YOUR BALLOT TO BE HEARD!!!

VETERANS DAY DEDICATION

The post is proudly serving Veterans, families, friends, neighbors, and guests breakfast on Wednesday, November the 11th beginning at 6:30 am. A military breakfast in traditional style has been served here for a long number of years. OPERATION THANK YOU (Leon County, Board of County Commissioners) has agreed to join in the efforts to bring together Veterans in the atmosphere we so often recall. Mark your calendar now and make plans to be with us again for this occasion. If you can volunteer to help, we would appreciate it!

NOTE: SAVE THE DATE!

WEDNESDAY, NOVEMBER THE 11TH



"Autumn shows us how beautiful it is to let things go." ~ Unknown

VOLUME 76, ISSUE 11

Auxiliary News

"In the Spirit of Service - Not Self"

Dear Members:

The Auxiliary will be hosting Departmental President Linda Knoblach-Harkness on Tuesday the 20th. Remember to purchase the generator raffle tickets from an Auxiliary member.

Theresa Briggs, Unit President
(850) 566-1616



MESSAGE FROM THE EDITOR



Dear Members,

Many of us are traveling this Thanksgiving and I'm one of them. I thought when my mother passed away that our family would drift apart since they live in Birmingham and Huntsville, but that has not been so. In fact, we are even closer than ever. So as old traditions are no longer practiced, usually due to the death of a family member, new traditions begin. My family will meet in San Destin in Baytowne, and cook on Wednesday so we can eat again on Thursday, and hit the stores on Grand Boulevard Friday. It's our new tradition and we look forward to it every year.

I sincerely hope, whether it's a new tradition or old, that you are getting together with family and/or friends to give thanks for our many blessings, break bread and just genuinely spend time together. Relax and just be.

Don't forget about the Veterans Day breakfast hosted by Post 13 and the parade downtown. Please help out our volunteers if you are able. They really do a tremendous job honoring our veterans in November and every day. As always, thanks to our Post 13 members for your support! ~ Paula Wilkins



Sharon L. Courey, Chaplain
American Legion Auxiliary, Unit 13



Lord, this month, as we recognize Veterans Day, celebrate Thanksgiving, and prepare for Elections with heartfelt gratitude, we acknowledge Your endless blessings for our country and the ability to worship as we choose and live in freedom. May we never forget our military men and women and their sacrifice to maintain our freedom. As we are involved in the activities of everyday life, it is easy to take for granted what our armed forces may be subjected to. Military in remote countries can be facing constant danger, unpleasant living conditions, inclement weather and distance from their loved ones. We must always pay tribute to and pray for all those who protect our country so we can live in this freedom. Lord, assist us with Your guidance and inspiration in keeping the values upon which our country was founded especially with our election decisions. Walk with us in heart and mind daily so we can continue to serve You and our country. With wishes for continuous blessings upon everyone for Thanksgiving Day and always, we pray in Your Holy Name. Amen.

"Keep your face to the sunshine, and you cannot see a shadow." ~ Helen Keller

POST 13 RIDERS

André E. R. Rosedale
American Legion Riders – Chapter 13 Organizing Committee
The American Legion Sauls-Bridges Post 13
Tallahassee, Florida

"Legion Family First, Rider Second"

The American Legion Family

American Legion Riders Chapter 13 Planning
Post 13 is working to establish an American Legion Riders Chapter focused on veterans, community service, camaraderie, and safe riding. Our first planning meeting was a great start, and we are continuing to build interest and participation.

The next planning meeting will be held **Saturday, November 21, 2026 at 9:30 a.m. at Sauls -Bridges Post 13**. Members of the American Legion Family who are interested in learning more or helping with the effort are encouraged to attend.

Thank you for helping us get the word out.



Andre Rosedale
Organizing committee
850-545-3703

Facebook: **American Legion Riders – Post 13**
https://www.facebook.com/FLPost13Riders/

Instagram: **American Legion Riders – Post 13**
https://www.instagram.com/

Interested in helping build Chapter 13?
Interest Form: https://docs.google.com/forms/d/e/1FAIpQLSdol-VXYe1dw5Y2nLaea_RVuM7dMoHlSRkyLhXgpVL8KGug9Q/viewform?usp=header

2027 COLA: 3.6%

The September 2026 CPI-W, released Oct. 14, was 330.654, 4.2% above the baseline of 317.265. This means the average CPI-W for the last three months of the fiscal year (July, August, and September) was 328.746.

The baseline is subtracted from this figure, with the result divided by the baseline (and rounded to the nearest tenth), to determine the **2027 COLA of 3.6%**: (328.746-317.265)/317.265 = 3.62%

The average of the last three months of the fiscal year (328.746) will be used as the baseline to determine the 2028 COLA. The October 2026 CPI-W figure, the first of the new fiscal year, will be announced Nov. 10.

Remember, active duty pay raises are calculated differently.

https://www.moaa.org/colawatch?utm_campaign=12196702-TMN%20-%20Weekly&utm_medium=email&_hsenc=p2ANqtz-8aXh9DlUmEypUNs8PtIL0-OZabmPg_ENTA1FBOmKlEPWkNlIwhjNep22Ae6HyKzP0sXEKCPUo9ecPlYj_MYmRxDCqdQ&_hsmi=444357141&utm_content=444357141&utm_source=hs_email

"How beautifully leaves grow old. How full of light and color are their last days." ~ John Burroughs



"November is a month of transformation and preparation." ~ Catherine Pulsifer



"November always seems to me the Norway of the year." ~ Emily Dickinson











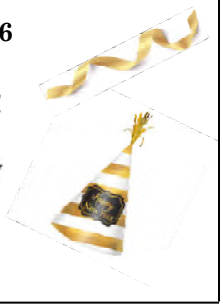
MARK YOUR CALENDAR

NOV 1	DAYLIGHT SAVINGS TIME ENDS
NOV 10	MARINE CORPS BIRTHDAY
NOV 11	VETERANS DAY AND BREAKFAST
NOV 11	ARMISTICE/REMEMBRANCE DAY
NOV 26	THANKSGIVING
	NO POST SOCIAL

NEW YEAR'S EVE 2026

They're back!!!
Mark your calendars!

New Year's Eve Party
The RockitZ Band!!



ROCKITZ

WE SALUTE OUR VETERANS AND THEIR FAMILIES



POST 13 NOVEMBER 2026



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1 NOVEMBER  **Daylight Savings Time Ends** HALL AVAILABLE CALL 284-6967	2 6:00 - 7:00 pm DANCE LESSON 7:00 - 9:00 pm DANCE PARTY $10 ALL AGES OPEN TO PUBLIC	3 **NO SWING DANCE** **VOTING PRECINCT**	4 10:00 am Commander's Coalition 6:30 - 9:30 PM SUE BOYD DANCE AND LESSONS	5 3:00 - 5:00 pm Tallahassee Veterans Legal Collaborative	6 7:00 pm Doors Open 8:00 pm Show Ghost Town Blues Band $20 Advance Open to Public macdaddyblues.com	7 7:00 pm Doors Open 7:30 pm Show The Little Mercies EP Release Party Donation $20 Open to Public
8 HALL AVAILABLE CALL 284-6967	9 6:00 - 7:00 pm DANCE LESSON 7:00 - 9:00 pm DANCE PARTY $10 ALL AGES OPEN TO PUBLIC	10  **MARINE CORPS BIRTHDAY** **NO SWING DANCE** **(Set up for breakfast)**	11 6:30 - 9:30 AM VETERANS DAY BREAKFAST 6:30 - 9:30 PM SUE BOYD DANCE	12 3:00 - 5:00 pm Tallahassee Veterans Legal Collaborative 5:30 pm E Executive Board Meeting 6:30 pm General Meeting	13 **7:00 pm Doors Open** **7:30 pm Show** **Hwy 59 Band** **Cover $10** **Benefit Vet Village** **Day of Dental Care for Veterans**	14 HALL AVAILABLE CALL 284-6967
15 4:00 - 6:30 pm GAMES NIGHT OPEN TO PUBLIC FREE 	16 6:00 - 7:00 pm DANCE LESSON 7:00 - 9:00 pm Benefit for Human Trafficking $10 ALL AGES	17 6:30 - 7:30 pm SWING LESSON 7:30 - 10:00 pm TALLAHASSEE SWING BAND $10 / $7 Students OPEN TO PUBLIC	18 6:30 - 9:30 PM SUE BOYD DANCE AND LESSONS OPEN TO PUBLIC	19 3:00 - 5:00 pm Tallahassee Veterans Legal Collaborative 7:00 pm Doors Open	20 7:00 pm Doors Open 7:30 pm Show Crooked Shooz Band Cover $10 Open to Public	21 **9:30 am** **AL Riders Chapter 13 Planning Meeting** 7:00 pm Doors Open 8:00 pm Show Funky Taters Cover $10 Open to Public
22 HALL AVAILABLE CALL 284-6967	23 6:00 - 6:45:00 pm DANCE LESSON 6:45 - 9:00 pm SOCIAL DANCING $10 / $5 STUDENTS 4:30 YOUTH LESSON 5:15 YOUTH DANCE	24 6:30 - 7:30 pm SWING LESSON 7:30 - 10:00 pm TALLAHASSEE SWING BAND $10 / $7 Students OPEN TO PUBLIC	25 6:30 - 9:30 PM SUE BOYD DANCE AND LESSONS OPEN TO PUBLIC	26  **THANKSGIVING** **NO POST SOCIAL** **NO VETERANS LEGAL COLLABORATIVE**	27 HALL AVAILABLE CALL 284-6967	28 10:00 pm - 2:00 am Elio Delgado Latin Party Cover $15 Open to Public
29 2:00 pm DECORATING POST 13 FOR THE HOLIDAYS	30 6:00 - 7:00 pm DANCE LESSON 7:00 - 9:00 pm SOCIAL DANCING $10 / $5 STUDENTS 4:30 YOUTH EVENTS	1 DECEMBER 6:30 - 7:30 pm SWING LESSON 7:30 - 10:00 pm TALLAHASSEE SWING BAND	2 6:30 - 9:30 PM SUE BOYD DANCE AND LESSONS OPEN TO PUBLIC	3 3:00 - 5:00 pm Tallahassee Veterans Legal Collaborative	4 7:00 - 12:00 PM Pat Ramsey Hospice Benefit Tix $15/$30 **macdaddyblues.com**	5 2:00 - 11:00 PM Pat Ramsey Hospice Benefit Tix $15/$30 **macdaddyblues.com**

To Book your Event at the Post, please call 850-284-6967. We do not maintain regular office hours. All services performed here are volunteer hours. Generally, the office is open from Noon until late afternoon. If you must leave a message, please make certain to leave your area code as part of your telephone number.

Post News

Located at:
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Tallahassee, Florida 32303

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American Legion,
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Phone: 850-222-3382
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For God and Country

NOVEMBER 2026

Return Service Requested

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"American Legion Sauls-Bridges"

EVENTS BOOKING:
(850) 284-6967

Deadline for the DECEMBER 2026 Newsletter will be NOVEMBER 17th at 5:00pm

Newsletter items can be submitted three ways: (1) Place in the Newsletter Box in the Post 13 office (2) Mail to the return address above, or (3) Submit (with a subject line) to the Post's Newsletter Email Address**: (Please Note this is a NEW email address and should be used for NEWSLETTER communication only.)**

AML13NEWSLETTER@GMAIL.COM

All Articles published require the Commander's approval.

PLEASE NOTE:

Post General Membership Business Meetings are held on the 2ND Thursday of each month at 6:00 pm.

POST SOCIALS are held on the 4TH Thursday of each month at 6:30 pm. [Except for Nov. & Dec.]

IF YOU WOULD LIKE TO CONTRIBUTE AN ITEM FOR THE NEWSLETTER PLEASE EMAIL AMLNEWSLETTER@GMAIL.COM