



Sauls-Bridges American Legion

Post 13 News



Volume 74, Issue 2

February 2024

National Salute to Veteran Patients

Do you realize there are 9 million out of 17.9 million veterans being treated in VA hospitals, medical centers, out-patient clinics, nursing homes, and through in-care specialists throughout the United States? In addition, our federal VA medical facilities treat approximately 100,000 veterans a day?

During the week of February 12th, we salute our Veteran Patients.

Non-VA groups who have participated in past Salutes include the AARP and Soldiers' Angels, who have local chapters organizing such participation.

“Tallahasseeans” have two options, the Tallahassee Vet Center and the Sergeant Ernest I. “Boots” Thomas VA Clinic.

The Tallahassee Vet Center, located at 2002 Old Saint Augustine Road, Building A, Suite 10, offers “confidential help for Veterans, service members, and their families at no cost in a non-medical setting. Our services include counseling for needs such as depression, posttraumatic stress disorder (PTSD), and the psychological effects of military sexual trauma (MST).”



Photo by Calvin Carter, 2023

The Sergeant Ernest I. “Boots” Thomas VA Clinic, located at 1901 East Orange Avenue, is “designed to enhance access to health care for Veterans residing in the surrounding rural areas. The VA Clinic provides a broad range of general and specialized medical, dental, surgical, psychiatric, nursing and ancillary services. Our patient population requires a complexity of care that ranges from minor health care needs to urgent care. Veterans requiring hospitalization are assessed, stabilized and transferred to either local facilities or to the Malcom Randall VA Medical Center,” which is located in Gainesville, Florida.

Call the VA central number at 1-800-827-1000 to be referred to your closest VA center.

<https://veteran.com/salute-veteran-patients/>

Joe Wallace is a 13-year veteran of the United States Air Force and a former reporter for Air Force Television News

<https://www.va.gov/tallahassee-vet-center/>

EVERY DAY IS MEMORIAL DAY—AND EVERY DAY IS VETERANS DAY!!

POST 13 ITEMS



NOTES FROM THE EDITOR



Dear Members:

Great to be back publishing the American Legion Post 13 newsletter. I've missed sharing fun stories, meaningful articles, and important information with our members, not to mention the all important calendar that keeps us up to date with the current month's events and beyond. We are in a transition phase, so many will have questions and concerns. Please do not hesitate to reach out to the Post 13 officers. If they don't know the answer, they'll get it for you. Lastly, please contribute to the newsletter; pictures, articles, items of interest are always appreciated.

We at Post 13 love our members and thank them for their support. ~ Paula Wilkins



The American Legion Post 13 lost a wonderful member on December 24, 2023. George Michael Harrison, from Crawfordville, passed away at the age of 76. He was a devoted Post 13 member, contributing much of his time as a volunteer.

George was a past 1st Vice Commander. He also held many positions while serving the veterans and members. He served in the Coast Guard Reserves and also a part of the Flotilla in the Coast Guard.

He was a true believer and a devoted member of the River of Life Church. Survivors include three siblings Nancy Trautman, Gwen Harrison and Henry Harrison, and his fur baby Ace.



Dear Lord,

Today we honor our veterans, worthy men and women who gave their best when they were called upon to serve and protect their country. We pray that you will bless them, Lord, for their unselfish service in the continual struggle to preserve our freedoms, our safety, and our country's heritage, for all of us.

Bless them abundantly for the hardships they faced, for the sacrifices they made for their many different contributions to America's victories over tyranny and oppression.

We respect them, we thank them, we honor them, we are proud of them, and we pray that you will watch over these special people and bless them with peace and happiness. In Jesus' name we pray; Amen.

<https://connectusfund.org/11-uplifting-prayers-for-our-military-and-veterans>

“If you look for perfection, you will never be satisfied.” – Leo Tolstoy

Six Facts About Presidential Salaries

1. Presidents Were Initially Paid to Help Discourage Outside Influence

George Washington, America's first President, refused to accept compensation or pay for military service. However, the writers of the Constitution agreed that presidents should receive a salary to combat the money or bribes from influencers. "The Domestic Emoluments Clause was set in place to prevent the legislature from altering the President's salary during their term; this kept Congress from using that power as a way to affect the President's policy decisions." Congress decided that "the President was to receive an annual salary of \$25,000 (around \$4.5 million today), with the Vice President receiving \$5,000, the chief justice earning \$4,000, and members of the President's Cabinet receiving \$3,500."

2. Ulysses S. Grant Was the First POTUS to Receive a Raise

Ulysses S. Grant served as President from 1869 until 1877. On March 3, 1873, Congress passed a law that was referred to as the "Salary Grab Act." The law awarded retroactive pay raises to departing members of Congress, raised the salaries of incoming members of Congress, and doubled the President's salary, to \$50,000 per year. The act was signed by President Grant just hours before he was set to be sworn in for a second term. Presidents continued to earn \$50,000 annually until the position's salary was raised yet again in 1909.

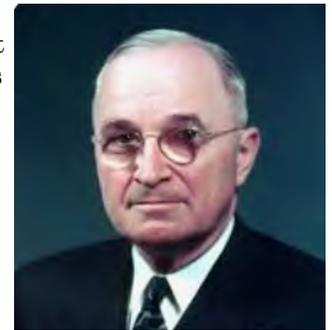


3. Babe Ruth Was the First Athlete to Earn More Than the President

"From 1909 through 1948, the U.S. President made \$75,000 annually, beginning with the administration of William Howard Taft." In 1930, while Herbert Hoover was in office, New York Yankees slugger Babe Ruth was given a raise and signed a contract for \$80,000 a year, becoming the first athlete to receive a higher salary than the President. "Ruth was asked if he felt he should make more money than the President, to which he replied, "Why not? I had a better year than he did." In 1949, the U.S. President's salary was increased again to \$100,000.

4. Harry Truman Was the First President to Receive an Expense Allowance

"On January 19, 1949, one day prior to President Truman's second inauguration, Congress passed a law not only raising the President's salary from \$75,000 to \$100,000, but also granting POTUS an annual \$50,000 tax-free expense account." The allowance was made taxable on October 20, 1951, but has since fluctuated between nontaxable and taxable status. Currently, it remains nontaxable.



5. John F. Kennedy Donated His Entire Presidential Salary to Charity



In 1961, JFK took over the presidency as the richest individual to hold the position. Kennedy received the President's annual \$100,000 salary, but donated his salary to charity. Herbert Hoover donated his presidential salary as well. "Throughout Kennedy's entire political career — a period that included six years as a congressman, eight years in the Senate, and an abbreviated term as President — he donated nearly \$500,000 of his various government salaries to charity. Some of the charities he contributed to include the Boy Scouts and Girl Scouts of America, the United Negro College Fund, and the Cuban Families Committee."

6. Presidential Salaries Are Supplemented by Additional Financial Perks

"In 1969, Congress raised the presidential salary to \$200,000, and in 2001 it was doubled to \$400,000." In addition each President's annual salary is supplemented by several other financial benefits. "For instance, Presidents are given a \$100,000 annual travel budget, in addition to \$19,000 each year set aside for entertaining foreign dignitaries and other notable figures." Presidents and their families are also entitled to an extra \$100,000 for White House redecorating,

[https://www.interestingfacts.com/presidential-salaries/ZD33STgK3gAHvMcy?](https://www.interestingfacts.com/presidential-salaries/ZD33STgK3gAHvMcy?liu=ea3b14849e460020bd65fc834def2b27&utm_source=blog&utm_meum=email&utm_campaign=2025786420)

[liu=ea3b14849e460020bd65fc834def2b27&utm_source=blog&utm_meum=email&utm_campaign=2025786420](https://www.interestingfacts.com/presidential-salaries/ZD33STgK3gAHvMcy?liu=ea3b14849e460020bd65fc834def2b27&utm_source=blog&utm_meum=email&utm_campaign=2025786420)

"Admire as much as you can, most people don't admire enough." – Vincent Van Gogh

ABOUT OUR MILITARY

FY 2024 Strength By Service

Army	452,000
Navy	347,000
Air Force	324,700
Marines	172,300
Space Force	9,400
Coast Guard	51,500
National Guard	325,000

Contributions by: Military Officer (MOAA) Magazine, Article Title: Your 2024 Benefits, January 2024 issue, Page 48.

USS Nautilus

The USS *Nautilus* was the beginning of the nuclear age when it was christened January 21, 1954.

Under the direction of Commander Eugene P. Wilkinson, the *Nautilus* set many historic records in its 26-year history including the first nuclear submarine in operation, the longest time submerged (2 weeks), and a 1,381 mile run to Puerto Rico in under 90 hours.

Today, the USS *Nautilus* is designated as a National Historic Landmark and open to the public in Groton, CT.

Contributions by:
 Military Officer
 (MOAA) Magazine,
 Article Title: A Game
 Changer, January
 2024 issue, Page 28.



FOUR CHAPLAINS/POST EVERLASTING CEREMONY

At the current time, Sauls-Bridges American Legion Post 13 is planning to hold Four Chaplains and Post Everlasting ceremonies. It is scheduled for February 4, 2024 starting at 2:00 p.m. at the Post. The Four Chaplains ceremony pays tribute to the four chaplains aboard the *Dorchester* that lost their lives during WWII. Post Everlasting recognizes the members of our Post who passed during this past year. Post 13 Chaplain Eric Smith is hosting the Ceremonies. The American Legion Auxiliary Unit 13 will also recognize the members they lost this past year.

Yours in Service,
 John Folsom
 Florida Veterans Hall of Fame
 Chaplain/2nd District
 American Legion
 Department of Florida
 Chaplain VFW Post 3308



MARK YOUR CALENDAR

-
- Feb 2** Groundhog Day
 - Feb 4** USO Birthday
 - Feb 4** Four Chaplains/Post Everlasting
 - Feb 14** Valentine's Day
 - Feb 19** Coast Guard Reserve Birthday
 - Feb 19** Presidents Day
 - Feb 22** Post 13 Social 6:00 pm
Program 6:30 pm

VALENTINE'S DAY DANCE Tallahassee Swing Band



**Tuesday, February 13th
 Come join us!**



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
28	29 8:00 - 10:00 pm BALLROOM DANCE \$10 Cover OPEN TO PUBLIC	30 7:30 pm TALLAHASSEE SWING BAND LESSONS WITH MICHAEL \$10 Cover/Students \$7	31 HALL AVAILABLE CALL 284-6967 OR 443-1878	1 FEBRUARY 3:00 - 5:00 pm Legal Collaborative	2  8:00 - 11:30 pm Dustin Hatcher Band \$10 Open to Public GROUNDHOG DAY	3 6:00 - 12:00 pm Revival/Lil Grizzly 2 more bands Benefit Open to Public
4  USO BIRTHDAY 2:00 pm Four Chaplains and Post Everlasting Ceremony 	5 8:00 - 10:00 pm BALLROOM DANCE \$10 Cover OPEN TO PUBLIC	6 7:30 pm TALLAHASSEE SWING BAND LESSONS WITH MICHAEL \$10 Cover/Students \$7	7 HALL AVAILABLE CALL 284-6967 OR 443-1878	8 3:00 - 5:00 pm Legal Collaborative 6:00 pm Executive Board Meeting 7:00 pm General Meeting	9 HALL AVAILABLE CALL 284-6967 OR 443-1878	10 HALL AVAILABLE CALL 284-6967 OR 443-1878
11 HALL AVAILABLE CALL 284-6967 OR 443-1878	12 8:00 - 10:00 pm BALLROOM DANCE \$10 Cover OPEN TO PUBLIC	13 VALENTINE'S DANCE 7:30 pm TALLAHASSEE SWING BAND 6:30 pm LESSONS WITH MICHAEL \$10 Cover/Students \$7 	14  8:00 - 11:00 pm BBC Valentine's Show Johnny Rawls Band Open to Public Advance tix available at bbclegion.com	15 3:00 - 5:00 pm Legal Collaborative 11:00 am - 1:00 pm Marine Corps League 5:00 - 9:00 pm Women Veterans Unite	16 8:00 - 11:30 pm Rhythm Remedy \$10 Open to Public	17 HALL AVAILABLE CALL 284-6967 OR 443-1878
18 HALL AVAILABLE CALL 284-6967 OR 443-1878	19  8:00 - 10:00 pm BALLROOM DANCE COAST GUARD RESERVE BIRTHDAY 	20 7:30 pm TALLAHASSEE SWING BAND 6:30 pm LESSONS WITH MICHAEL \$10 Cover/Students \$7	21 HALL AVAILABLE CALL 284-6967 OR 443-1878	22 3:00 - 5:00 pm Legal Collaborative 6:30 pm POST SOCIAL 	23 8:00 - 11:00 pm BBC Show Bruce Katz Band Open to Public Advance tix available at bbclegion.com	24 HALL AVAILABLE CALL 284-6967 OR 443-1878
25 HALL AVAILABLE CALL 284-6967 OR 443-1878	26 8:00 - 10:00 pm BALLROOM DANCE \$10 Cover OPEN TO PUBLIC	27 7:30 pm TALLAHASSEE SWING BAND LESSONS WITH MICHAEL \$10 Cover/Students \$7	28 HALL AVAILABLE CALL 284-6967 OR 443-1878	29 3:00 - 5:00 pm Legal Collaborative	1 MARCH HALL AVAILABLE CALL 284-6967 OR 443-1878	2 HALL AVAILABLE CALL 284-6967 OR 443-1878

To Book your Event at the Post, please call 850-284-6967. We do not maintain regular office hours. All services performed here are volunteer hours. Generally, the office is open from Noon until late afternoon. If you must leave a message, please make certain to leave your area code as part of your telephone number.

Post News

Located at:
229 Lake Ella Drive
Tallahassee, Florida 32303

Mailing Address:
American Legion,
Sauls-Bridges Post #13
PO Box 38028
Tallahassee, FL 32315-8028

Phone: 850-222-3382
Web: FloridaLegionPost13.org
Email: amlegp13@gmail.com

**For God
and Country**

FEBRUARY 2024

Return Service Requested

Non-Profit Organization

US Postage PAID

Tallahassee, Florida

Permit No. 21

Editing/Layout:

Paula Wilkins

Photos: Email:

aml13newsletter@gmail.com

Webpage (Face book): Google:
"American Legion Sauls-Bridges"

EVENTS BOOKING:

(850) 284-6967



Deadline for the MARCH 2024

Newsletter will be

FEBRUARY 10th at 5:00pm

Newsletter items can be submitted three ways: (1) Place in the Newsletter Box in the Post 13 office (2) Mail to the return address above, or (3) Submit (with a subject line) to the Post's Newsletter Email Address: **(Please Note this is a NEW email address and should be used for NEWSLETTER communication only.)**

AML13NEWSLETTER@GMAIL.COM

PLEASE NOTE:

Post General Membership Business Meetings are held on the 2ND Thursday of each month at 6:00 pm. POST SOCIALS are held on the 4TH Thursday.

**IF YOU WOULD LIKE TO CONTRIBUTE AN ITEM FOR THE NEWSLETTER
PLEASE EMAIL AMLNEWSLETTER@GMAIL.COM**