



Sauls-Bridges American Legion



Post 13 News



Volume 75, Issue 9

September 2025

POW-MIA Table Toast

As American Legion and Auxiliary members, we've all stood and listened reverently to the POW-MIA Table Toast. But how many of you really know the actual meaning behind the words? The ceremony itself is beautiful, and a very moving reminder of the sacrifice these veterans have given our great nation. Below is the ceremony and the meaning of each symbol within the toast.

A POW/MIA table speech explains the purpose of the symbolic Missing Man Table, a solemn display honoring service members who are prisoners of war (POW) or missing in action (MIA). The speech details the symbolic meaning of each item on the table, such as the white tablecloth representing the purity of their motives, the single red rose symbolizing loved ones, and the inverted glass signifying their inability to share a toast. The speech emphasizes the promise to never forget the sacrifices made by these individuals and the ongoing commitment to account for them.

Purpose of the Speech and Table

Honor and Remembrance: The primary goal is to pay tribute to POWs and MIAs and to remind everyone of the sacrifices made by service members.

Symbolism: The table and its components are rich in symbolism, each element representing specific aspects of the POW/MIA experience.

Commitment: The speech reinforces the national commitment to finding and bringing home all missing service members and providing solace to their families.



Key Elements of the POW/MIA Table and Their Meaning

- **White Tablecloth:** Represents the purity of their motives and dedication to service.
- **Red Rose:** Symbolizes the hope for their return and the sacrifice of blood they may have made.
- **Yellow Ribbon:** A symbol of unwavering determination to account for and bring home missing comrades.
- **Candle:** Represents the enduring spirit and hope for a joyous reunion.
- **Slice of Lemon:** Reminds listeners of the bitter fate and hardships faced by those captured or missing.
- **Pinch of Salt:** Symbolizes the tears shed by families and loved ones awaiting their return.
- **Inverted Glass:** Represents the inability of the missing to participate in the present-day toast.

Empty Chair: A physical reminder that the service member is not present.

Speech Structure:

1. **Introduction:** Announce the intent to recognize and honor POWs and MIAs.
2. **Explanation of the Table:** Describe the table as a significant symbol of the missing.
3. **Walkthrough of Symbols:** Systematically explain the meaning of each item on the table, connecting them to the experiences of POWs and MIAs.
4. **Emphasis on the Promise:** Reiterate the commitment to never forget and the ongoing efforts to achieve a full accounting of the missing.

Closing: Conclude with a powerful message of remembrance and gratitude for their service.

EVERY DAY IS MEMORIAL DAY—AND EVERY DAY IS VETERANS DAY!!

Commander's Thoughts

Whew! The month of August is going by pretty quickly. Things are progressing better. I have had some time to gather my thoughts and set out some direction for our Post. Thank you, for your support and patience. During August, we had some successful work completed on the roof; with the roofers having limited time to work due to the rains. Thankfully, what was originally thought of as wood rot turned out not to be the case. Under limited light the trusses did appear to have wood rot. After having better light to investigate, the trusses were oozing sap from the pine lumber trusses, rather than having wood rot. That was very good news. There is one area that still needs to be looked at more closely, but overall, the trusses and joists are in good working order. Several proposals were received concerning the air conditioner that was damaged in a vehicle accident. I made the mistake of not having the air conditioning vendors provide the cost of the electrical work included in their original proposals. SAL Andy Welch told me we needed to go back and request the proposals include the electrical cost. A "turn-key" price if you will. That way we know how much we are actually looking at for the replacement cost. That has required extra time to get their new proposals. We are closer to recommending a vendor to do the work.

During the August Post General Business Meeting, we installed our Post Second Vice Commander, Ed Rodriguez, and our Post Sergeant at Arms Debbie Mann. We have only one vacant Executive Committee Member, our Post Historian to fill. We now have a nomination, Steve Shaffer, for that position. The Post should have a full Executive Committee following the September General Business Meeting.

Thanks to all of you who have renewed your 2026 memberships. At the end of the day of Wednesday, August 13, the Post had a renewal rate of 51.72 %. That's great! We are off to a fantastic start! Please renew as quickly as possible. The Support Our Post (SOP) recurring monthly donation platform was intended to "go live" on August 18, but a last minute design issue was discovered. The issue is being addressed and as soon as it is resolved, we will announce when SOP will be available. Thank you for your understanding and patience.

I am making headway in reaching out to our Post membership. Please add my phone number, 850-445-9612 into your directory. When I call, you will know it is me. I do want to make that personal connection with each one of you. Please do not hesitate to reach out to me to make a recommendation, ask a question, or give constructive criticism. Let's make Post 13 better, together. I do not take your Post membership for granted.

Best regards,

Dennis Hall,
Commander, Post 13



August 2 District Two Meeting Submitted by Commander Dennis Hall

Post 13 was honored to host the first district meeting of District Two Commander Roxann Dressell's tenure. Posts were represented across the district: Chattahoochee, Crawfordville, Quincy, and Tallahassee. Special guests included: Western Commander Shelby Windham, and District 1 Chaplain J C Kelleher.



District 2 Officers, District 1 Chaplain J C Kelleher and Western Commander Shelby Windham (R)



Those who attended the meeting from across District 2. Not pictured were Post 13 Adjutant Shirley Combass and Post 13 CMDR Dennis Hall.



Attendees giving their attention to District 2 CMDR Roxann Dressell.



District 2 CMDR Roxann Dressell and District 2 Adjutant Lillian.



Eric Smith and Chuck Howell had a conversation as they waited for the meeting to begin.

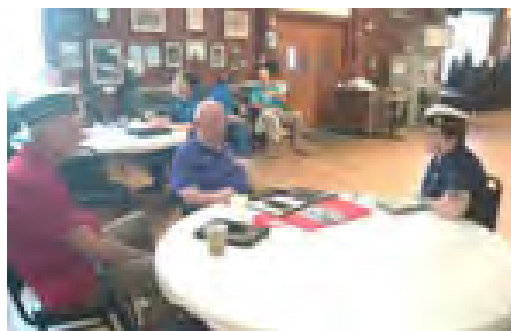


District 2 Chaplain John Folsom (L) waited for the beginning of the meeting.



District 1 Chaplain J.C. Kelleher had a conversation following the District 2 Meeting.

District 2 Commander had a meeting after the District Meeting.



Roger Hewett with the Western CMDR Windham viewing the photos of Past Post 13 Commanders.



Post 13 August 12, General Business Meeting Highlights Submitted by Dennis Hall, Post Commander

Guests Tracy Gray, a Legionnaire from Maine and SAL Squadron 13 Member Andy Welch, architect. **Mr. Welch** presented a report concerning the roof repair. Good news, no wood rot has been found. What appeared, in low light conditions previously, to be wood rot, was in fact, the sap coming forth from the interior of the hearty pine trusses and joists. There is one troubling spot he would like to revisit. No cost to Post for repairs that are completed to date. Work has been very slow due to inclement weather, especially after the noon hour. He also reported that Commander Dennis Hall secured several AC proposals from reputable vendors, but did not receive the cost of the electrical work that was needed. CMDR Hall is securing another bid from the vendors that will include the electrical cost and the vendor is to provide a "turnkey" price for their proposal. This oversight will add additional days to the proposal process.

Finance Officer Will Fisch presented the July Financial Report and was approved as reported. The Post has on hand \$83,298.00 in available cash as of July 31, 2025. Donations of \$1,150.00 were provided by three anonymous donors to send to Samaritan's Purse for the Texas Flood Disaster. He appealed to those present that if anyone present would like to add to the amount donated to please advise him, before he sends the donation. An increase in rental fees begins on January 1, 2026. Other Veteran Service Organizations may schedule regular monthly Thursday meetings at the Post at no charge for up to 2.5 hours. Property, liability, and alcohol annual insurance premiums are due August 15. The three annual premiums are \$23,406.40. This is a reduction in annual premiums from the previous annual premiums by \$830.85. Executive Committee recommends paying total premium to save 10% in interest. All motions made, seconded, and passed.

First Vice Commander Andre Rosedale reported as of Wednesday, August 13, the Post was at 51.72% renewal rate for 2026. Four new members completed their applications, showed DD214s, paid annual dues and were voted into Post 13. The four are: Conrad Walsh, US Navy; Crispin Cole, US Army; Jonathan Denton, US Army; and Victor Cawthon, US Army. Steve Shaffer, US Army, transferred from Post 400 and was voted into Post 13.

Nominating Chairman John Folsom announced Ed Rodriguez was nominated for Second Vice Commander, and opened the floor for additional nominations for Second Vice Commander. There were no more nominations. He made the motion the members of the Post unanimously elect Ed Rodriguez Second Vice Commander. Motion seconded, and passed. He opened the floor for nominations for the Office of Post Historian. Steve Shaffer was nominated. After three more attempts for nominations, nominations became closed. Voting for Post Historian will be at the September 11, 2025 Post 13 General Business Meeting. N C John Folsom presided over the installation of Ed Rodriguez for Second Vice and Debbie Mann as Sergeant At Arms. Past Chaplain Eric Smith offered an installation prayer on behalf of the two individuals being installed.

Commander Hall announced at the August 28, Post Social the Post Baseball Team will be present. Awards and trophies will be presented. The team came in runner-up in the state tournament. Encouraged all to come and celebrate the success of the team. Girls State ladies will also be recognized by the Auxiliary at the same night. Support Our Post, SOP, is due to roll out Monday, August 18. Post members or anybody will now have the ability to provide a monthly recurring donation to the Post by using their credit card or debit card. The donation must be a recurring donation of at least \$10.00 to enroll.

ALA District 2 President Debbie Mann and **SAL District 2 Squadron Commander Michael Mann** provided a short report concerning their organizations.

Post Chaplain John Folsom offered a closing prayer.

"You never know what worse luck your bad luck has saved you from." ~ Cormac McCarthy

August 12, Post 13 General Business Meeting Highlights continued...



Past Post Chaplain Eric Smith prayed at the beginning of the installation service for Sgt at Arms and Second Vice.



District 2 Chaplain John Folsom officiated the installation service.



Sgt at Arms Debbie Mann and Second Vice Ed Rodriguez recited their oath of offices.

Post 13 American Legion Baseball 2025 Season *Submitted by Dennis Hall, Post 13 Commander*

It is amazing how quickly the 2025 baseball season for Post 13 has gone by. I first met them back at the end of May as they were getting together for the first time. Meeting the players and the team's coaches on that Saturday at the Chaires Sports Complex, I saw a group of individual players who were introducing themselves to one other. Some had never met, others had played against each other on teams from their past. Now they had come together, as individuals, to become a team, the American Legion Post 13 Baseball Team. And come together, they did. On July 24, they played their first game of the State Tournament at the Jack Russell Memorial Stadium in Clearwater, Florida. They continued playing to become the "Runner-up" to the State Champions. Second Place, in the State Tournament was a great feat for this very young baseball team.



Becoming the state "Runner-up" was no easy feat. In their first game of the tournament they lost 10-9 to Post 273 Madeira Beach, Florida. Loser's Bracket, UGH! Win, and you keep playing, lose, and you go home. Well win they did! Four games in a row they won for the opportunity to play in the championship game. Now, on July 27, if they win this last game, against Post 136 Jacksonville, Florida, they would replay them for the championship. Post 136 was in the winner's bracket. No losses, so far. If they lost they could still play another game. Our team put up a great game, but fell short. The goal this year was to make it to the tournament. They now have returning players with tournament experience and a year of playing together on their side for next year. Next year's goal is to win the tournament, and be State Champions!

The Post is going to recognize their accomplishments at the August 28, Post Social. The team players, mom and dads, and coaches will be present. Help them celebrate their success, by being present. The Social is at 6:30 pm. Awards and trophies will be presented to the players and coaches. By the way, of the six graduating high school seniors on the team, each received a baseball scholarship. Only one turned down their offer. He hopes to become a "walk on" at Florida State University. Congratulations to Head Coach Jeff Del Fuoco, Assistant Head Coach Chet Allen, and team players for a great baseball season. Post 13 is very proud of each of you!


Continued...

Post 13 American Legion Baseball 2025 Season continued...



This is one reason we play baseball.

3:56 📶 62

 **Twan Jackson** ⋮ ✕

3h · 🎵 Norman Hutchins · God's Got a Blessing ... 👤

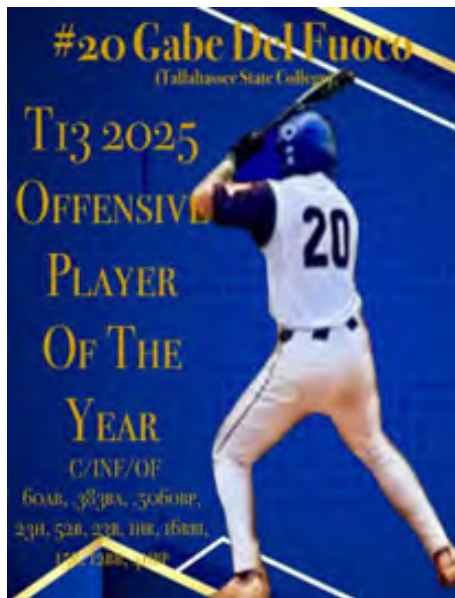
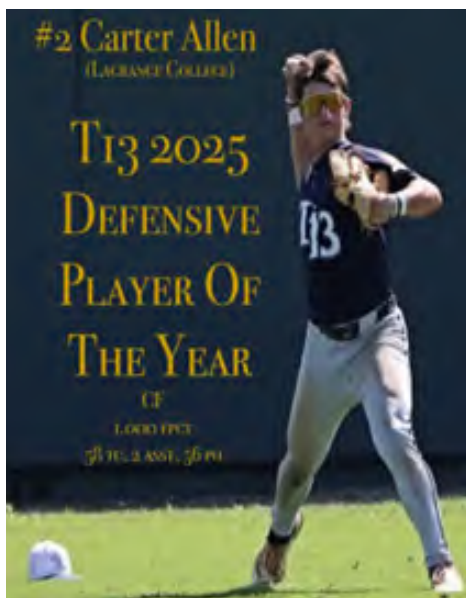
Today is the day that my third born Jayden is heading to Baptist University of Florida (BUF) with a full scholarship with academics and playing baseball. I Thank God for allowing him to go to college and play baseball. A year ago, we almost lost him with a serious surgery. He didn't finish out football. He came back strong and took care of himself so he will be able to see this day. It's all yours baby. Go and have fun doing what you love by allowing God to continue to guide you. I LOVE YOU MY BABY J! ❤️🧡💙🧡💙

Thanks to American Legion Post 13 for all the love you gave Jayden. A chance for him to continue to grow.

Thanks to Rickards High School for 4 wonderful years. 💙🧡🧡💙🧡

This is another reason, from a proud mama. Your membership makes a difference in young men and ladies lives.

POST 13 BASEBALL CARDS!



“Everything in the world began with a yes.” ~ Clarice Lispector

Post 13 American Legion Baseball 2025 Season continued...

FINAL ROSTER AND TEAM PICTURE

#2 Carter Allen #6 Max Helbling #7 Evan Bopp #8 Landon Allen #9 Thomas "T. J." Harley
 #10 Wyatt Visnovske #11 James "Trace" Morris #14 Brodie O'Neal #15 Jaylen Roque
 #19 Max Latimer #20 Gabriel "Gabe" Del Fuoco #24 Kyler Thorp #25 Jayden Jones
 #33 Elijah Anderson #45 Emanuel "Manny" Hernandez #77 Antwan Hamm
 Assistant Head Coach Chet Allen (L) Head Coach Jeff Del Fuoco (R)



Jeff Del Fuoco
 Just now · 🌐
 Tallahassee Post 13 American Legion Baseball proposes a toast to our corporate sponsor, Tallahassee Ford. Built "Ford Tough!"



GREAT FIRST SEASON, COACHES AND TEAM!



"Wisely, and slow. They stumble that run fast." ~ William Shakespeare



"In the Spirit of Service - Not Self"

GOD IS FAITHFUL

Hi Members,

September is here and my time seems to be "jetting" by as usual. However, I am still staying Positive and Prayerful about life and the differences that we can make in the lives of others. Let's remember to treat everyone with kindness and provide a helping hand when we can.

The School of Instructions (SOI) was very educational as the chairman for each Program Engagement Plan gave a brief presentation and answered questions. Members were encouraged to visit the Department website al afl.org for further program information. We can view the requirements for reporting the services and support that we give to veterans and military families. The forms to report the volunteer hours of members and the in-kind activities of members are also explained on the website.

The Auxiliary is endeavoring to sponsor and support a monthly event to benefit children and youth, education, and communities. So please, ALA members, share your ideas for an activity to implement. Also, invite others to join the Auxiliary to help with our mission statement.

Mark your calendars for upcoming events: Auxiliary hosts Labor Day Dance on September 1st at the Legion 6:30pm-10:00pm; Auxiliary Executive Committee meeting on September 11th at the Hooch 5:30pm-6:00pm; Auxiliary General Membership meeting on September 11th at the Hooch 6:00pm; Auxiliary Basic Concepts (ABC) School on September 13th in Lanark Village at 9:00am; Post Social on September 25th at the Legion 6:30pm; Gold Star Mother's Day on September 28th; Prayers for everyone every day.

As we recognize the social and economic achievements of American workers and the end of Summer, *** **HAPPY LABOR DAY** *** !

FOR GOD AND COUNTRY

Prayers and God's Will,
Muriel Alexander Kweyama, President
ALA Sauls-Bridges Unit 13, Inc.



"In the Spirit of Service - Not Self"

AMERICAN LEGION AUXILIARY DISTRICT 2
UNIT 13 SAULS-BRIDGES POST 13
TALLAHASSEE, FLORIDA

SUBMITTED BY DOTTIE HALL



DISTRICT 2 UNIT 241 HOSTED THE DISTRICT II SCHOOL OF INSTRUCTION ON SATURDAY, AUGUST 9TH AT THEIR POST IN SNEADS, FLORIDA. I WANT TO FIRST RECOGNIZE THEIR POST FOR THE EXCEPTIONAL HOSPITALITY AND FOOD THEY PROVIDED FOR US DURING THIS EVENT. YOU WILL SEE FROM THE PHOTOS THAT WE DID NOT GO HUNGRY. THESE MEMBERS KNOW HOW TO HOST AN EVENT. BEFORE THE SESSION STARTED WE HAD BISCUITS AND GRAVY, HOMEMADE PRESERVES, SAUSAGE MUFFINS, PLAIN MUFFINS AND JUICES. NOW THAT WAS JUST FOR BREAKFAST. FOR LUNCH WE HAD TACO SALAD WITH ALL THE FIXINGS THAT YOU SMOTHER WITH SOUR CREAM AND SALSA. FOR DESSERT, THEY MADE THESE INDIVIDUAL KEY LIME CUPS AND OREO, PEANUT BUTTER, CHOCOLATE CUPS. SEE PICTURE. THEY EVEN PROVIDED TINY, TINY SPOONS TO EAT THESE WITH. HAVE I MADE YOU HUNGRY YET? I AM, I'M READY TO GO BACK FOR ANOTHER MEETING.

THE HISTORIAN FOR THAT UNIT AND I WERE TAKING PICTURES AND I'M SURE THEY WILL PROVIDE INFORMATION COVERING THIS EVENT. I WAS SO IMPRESSED SO I WANTED TO INCLUDE MY IMPRESSION IN MY REPORTING.

THIS EVENT COVERED THE COMMITTEES AND HOW THEY SHOULD BE RUN AND UTILIZED IN DAILY AUXILIARY LIFE AND HOW TO COUNT YOUR WORK NUMBERS.

THERE WERE DISTRICT CHAIR PRESENTERS FROM ALL UNITS THAT ATTENDED. I WILL ONLY HIGHLIGHT THE CHAIRMEN OF UNIT 13 THAT HAD PRESENTATIONS.

AMERICANISM
CHAPLAIN
COMMUNITY SERVICE
GIRLS STATE
MEMBERSHIP
PUBLIC RELATIONS

CHERYL MARRS
MURIEL KWEYAMA
KATRINA ROSEDALE
MARJORIE MCNEIL
NELL HEWITT
MURIEL KWEYAMA



AMERICAN LEGION AUXILIARY DISTRICT 2-UNIT 13 PAGE 2 DISTRICT II SCHOOL OF INSTRUCTION

SUBMITTED BY DOTTIE HALL



L: MURIEL KWEYAMA
R: NELL HEWITT



B: MARGIE MCNEIL



A: KATRINA ROSEDALE
MAKING A DECISION ON
THE DAINTY KEY LIME
VS CHOCOLATE PEANUT
BUTTER DESSERTS.



MARGIE MCNEIL



KATRINA ROSEDALE



DEBRA MANN

AMERICAN LEGION AUXILIARY
DISTRICT 2-UNIT 13 PAGE 3
DISTRICT II SCHOOL OF INSTRUCTION

SUBMITTED BY DOTTIE HALL



UNIT 13



LOOK AT THESE SMILING FACES



OUR GREAT HOST OF EVENT- UNIT 241



MS JANE POWELL'S UNIT 100 RECEIVING THEIR RIBBONS AND PLAQUE FOR REACHING OVER 100% MEMBERSHIP BY DISTRICT PRESIDENT DEBRA MANN



“Who looks outside, dreams. Who looks inside, awakes” ~ Carl Jung

**AMERICAN LEGION AUXILIARY JUNIORS
HANDING OUT RAFFLE BASKETS JULY 2025
SAULS-BRIDGES POST 13 TALLAHASSEE, FLORIDA
DISTRICT 2-UNIT 13**

SUBMITTED BY DOTTIE HALL



**DONATE
AUCTION
ITEMS**

AMERICAN LEGION AUXILIARY DISTRICT 2
SAULS-BRIDGES POST 13-UNIT13
TALLAHASSEE, FLORIDA
BASKETS FOR VETERANS IN NURSING HOMES

SUBMITTED BY DOTTIE HALL

THE CHAIRMAN OF COMMUNITY SERVICE SUGGESTED WE DO A PROJECT FOR VETERANS HOUSED IN NURSING HOMES. SHE RECRUITED TWO OTHER AUXILIARY LADIES AND WE PUT TOGETHER TWELVE BASKETS. FIVE WERE DELIVERED JULY 29TH TO AVIATA NURSING HOME TO HAPPY RECIPIENTS.



KATRINA ROSEDALE AND DOTTIE HALL



STACEY GAYHART AND KATRINA



DOTTIE HALL DELIVERING BASKETS

“You have to fail in order to practice being brave.” ~ Mary Tyler Moore

AMERICAN LEGION AUXILIARY DISTRICT 2
SAULS-BRIDGES POST 13-UNIT13
TALLAHASSEE, FLORIDA
BASKETS FOR VETERANS IN NURSING HOMES

SUBMITTED BY DOTTIE HALL



Jack Conoly, 98 yr. NAVY KACSU



Ozzie Mitchell, ARMY



Carl Hubbard, ARMY



David Dissell, ARMY. David was past Commander of Post in New Hampshire.

Not Pictured from Aviata Nursing Home is Charlie McDonald who was having his Chemo treatments.

We delivered seven baskets to Happy recipients in Centre Pointe Nursing Home. I was not allowed to take pictures there. But the Veterans were all smiles and thankful for the baskets.

RANDAL WOOD, NAVY

MICHAEL WONDERLY, MARINE

DAVID JOSTOCK, ARMY

HALEY WEEBSTER, ARMY

WILLIAM COMAN, NAVY

LIEBENHAUT EDWARD,NAVY

NATHANIAL MCSWAIN, ARMY. NATHANIAL WAS PAST MEMBER OF SAULS-BRIDGES, POST 13, TALLAHASSEE, FLORIDA,



AMERICAN LEGION AUXILIARY UNIT 13 PASSING THE GAVEL TO NEW PRESIDENT 2025 – 2026

SUBMITTED BY DOTTIE HALL – HISTORIAN



**PRESIDENT: NELL HEWITT
PASSES THE GAVEL TO
INCOMING PRESIDENT:
MURIEL KWEYAMA**



NOTES FROM THE EDITOR



Dear Members:

I know it is still really hot outside, but take heart, cooler weather is just around the corner. I'm sitting here, watching it rain. It's been a humid, rainy summer. It's time for a touch of Fall. And with the Fall season comes football, baseball playoffs, and plenty going on at the Legion.

Mark it on your calendar, Labor Day September 1st, the Ladies Auxiliary is hosting a Dance with \$5 hotdog combo (hot dog, potato chips and lemonade), \$5 raffle tickets, and the bar will be open. Music by DJ Jeff Sumrall, so come check it out! Always a great time to be off of work and socializing with others.

Please volunteer if you're able; volunteers are what makes our Post run soooo smoothly. As always, we at Post 13 appreciate our members! ~ Paula Wilkins

“Resilience - the ability to brush off pain.” ~ Kristen Roupenian

AMERICAN LEGION AUXILIARY UNIT 13 INSTALLATION OF OFFICERS 2025 – 2026

SUBMITTED BY DOTTIE HALL – HISTORIAN



PRESIDENT; MURIEL KWEYAMA, 1ST. VP; NELL HEWITT, SECRETARY: KATINA JOHNSON, TREASURER; MARJORIE MCNEIL, HISTORIAN; DOTTIE HALL, CHAPLAIN; BRIGID SMITH, SGT-AT-ARMS; TERRY LITTLE, MEMBERS-AT-LARGE: PEGGY LANE AND KATRINA ROSDALE



Sharon L. Courey, Past Chaplain American Legion Auxiliary, Unit 13



Almighty Father, this month we remember and honor the lives taken and the families affected as a result of the attack in New York on September 11. Many innocent people suddenly became victims by death or sever injury. The families of each victim had their lives changed as a result, an event never to be forgotten. However, we remain confident in knowing our Lord brings us peace, hope and love in spite of tragedy. He is always with us to comfort all families of victims that have lost loved ones. Bless our country, each and every one of our military and veterans active and retired. May we always honor veterans by cherishing the ideas for which they fought and died. May America ever remain free and true to our Constitution. Lord, walk with us in heart and mind as we continue serving You in all that we do. May we maintain and extend peace in our lives and to all those we come in contact with. Thank You for the many blessings You bestow upon us daily. We pray in Your Holy Name. Amen.

“The quality of our relationships determines the quality of our lives.” ~ Esther Perel

OUR JUNIORS HANDING OUT RAFFLE BASKETS TO WINNERS AT POST13 JUNE SOCIAL

SUBMITTED BY DOTTIE HALL

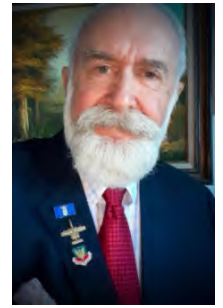


**AMERICAN
LEGION
AUXILIARY**

“A lot of good things that don’t get made because of too much thinking.” ~ Agnes Martin

By Bob Costello, USAF, Vietnam Era Veteran, American Legion Member, Toastmaster, and Writer

Transition. The battle remains for us veterans seeking aid promised by our country, which is occasionally difficult to access. These new policies do not benefit our patriots. Our continuous advocacy for service must be sustained. We veterans earned these federal services, unquestionably, by our pledge coupled with the duty to serve our nation. Veterans deserve these 'promised rights'!



The services sought are not beyond the power of our government to bestow those in need; as they have guaranteed us. Veterans have come to rely upon our governmental assistance functionality for care for those who put their lives on the line for our nation, freedoms, and liberties. Veterans rely on those promises without compromise or diminishment.

Review the Veterans Access, Choice and Accountability Act of 2014, also known as the Veterans Choice Act (Pub. L. 113-146, 2014). The Veterans Choice Program was an integral part of the Veterans Choice Act. It broadened the eligibility criteria for veterans who wanted or needed access to community care (Rand Health Quarterly, June 2023). Direct access to quality healthcare, fair treatment and benefits promises were made with a sense of assurance in 'giving back' to our veterans for their healthcare needs for post duty assignments.

In doing so, our government made references to our veteran's needs: physical, mental, or otherwise, without being degraded or diminished. With these beliefs held dear for every service person, veterans seek nothing more than what they have been promised.

Representation. Many veterans struggle with both transition from their military duty to resume their role as a family member or head of household. Home duties combined with community services only defer their thoughts momentarily from thoughts of function while in harm's way. Their voices should never be quieted nor thought of as not being sufficiently important enough. A veteran's own concerns actually need to be addressed by our legislatures and policymakers. Our healthcare essentials have been made mandatory by our laws and our voices.

Our veteran confederation should always be comforted by the assurances of promises made and promises kept! Remember veterans are 'voters' who elect men and women into their offices where their promises to our veterans need to be honored. Our veteran's needed services shall be cared for. Those elected representatives of our society must be held accountable for the trust veterans bestowed upon them in their term. Those elected by the people, for the people and of the people, must stand by their promises of oath to attend to our veteran's needs or risk being voted out of office for not attending to promises made. Those in the electorate – by honoring our veterans; honor our nation – America. God Bless America.

We are a nation built on compromise, but veterans who gave their service to our country, some giving all, have the right to vote, and to advocate for change of all policies by all branches of our democracy, without limiting any veterans services.

Continued...

THE RIGHTS REMAIN: BENEFITS ADVOCACY**Continued....**

Veterans gave their all, so must the legislature.

Our separation of powers is our insurance against any executive branch override that runs counterproductive to our veterans who served our nation without question. It is noted and dearly felt that veterans are deeply concerned with the government's inability to maintain an appropriate level of care for our veterans, rendering a positive response to the needs of our veterans today. This threat to our veteran's existence must be met without denial or refusal and without being counterproductive or made more confusing.

Keep it simple, Uncle Sam. In our critical thinking, problem solving concerns in our nation were made through its constitutional foundation and the principles of a democratic republic for all, especially those who fought/fight for all our rights and freedoms. We must now move to enforce compliance.

We now encounter the absolute-must services of our veteran's healthcare.

As veterans, we must rally our troops to raise these issues for resolution in our favor. Those we voted for must be honor bound to support the legislation that ensures veterans services to a guarantee.

Proposal. In our checks and balances, we veterans ask for nothing that is not rightly due to each who serves/served our country – then and now. Let our policymakers ensure to ratify our rights for these services without question, reservation, or delay. As a veteran, we must rally our troops to raise these issues for resolution in our favor. Those we voted for must be honor bound to move legislature for sustaining policy that ensures veterans services as guaranteed.

In due cognizance, our request is honorable and true for our patriot veterans.

“In framing a system which we wish to last for all ages,” James Madison retorted, “we should not lose sight of the changes which ages will produce.”

In this way, our veterans, who remain living and breathing this protection, as legislated and affirmed, will remain relevant throughout time memorial as being made compulsory in its terms – is the proper method to exercise our freedoms – by voice and choice.

Now is the time to move on with these critical measures. Tell congress of your concerns.

Write to your state representative and our Senators today! This can be easily accomplished through this website: <https://flhouse.gov> (for the House of Representatives) <https://senate.gov/states/FL/senators.htm> (for our senators, some of whom have served in our forces preserving our liberties as this: for God, Country, and Duty).

Do it now!

Who is a Veteran? A Man or Woman who you see every day, who sacrificed their ambitions, so others would not have to sacrifice theirs.

LABOR DAY DANCE



Monday, September 1, 2025

6:30-10:00 PM

229 Lake Ella Drive

\$10 Admission

\$5 Hot Dog Combo

\$5 Raffle

Sponsored by American Legion Auxiliary Unit 13

September Events at the Post



Albert Castiglia



Highway 59 Band



MARK YOUR CALENDAR

- SEP 2 VICTORY OVER JAPAN (V-J) DAY
- SEP 2 LABOR DAY
- SEP 11 PATRIOT DAY
- SEP 17 NATIONAL POW/MIA RECOGNITION DAY
- SEP 18 AIR FORCE BIRTHDAY
- SEP 18 AIR NATIONAL GUARD BIRTHDAY
- SEP 22 FIRST DAY OF FALL
- SEP 25 POST 13 SOCIAL 6:00 PM
PROGRAM 6:30 PM
- SEP 26 GOLD STAR MOTHERS DAY
- SEP 29 VFW DAY

PATRIOT DAY SIGNIFICANCE

Patriot Day is a day of remembrance in the United States set aside in honor of the victims of the September 11th terrorist attacks.











The most important part of observing this day is a moment of silence that occurs at 8:46 a.m. Eastern time. This is when the first plane struck the North Tower of the World Trade Center.

WE SALUTE OUR VETERANS AND THEIR FAMILIES



POST 13 SEPTEMBER 2025



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31 HALL AVAILABLE CALL 284-6967	1 SEPTEMBER  10:00 am - 2:00 pm Big Bend Labor Fundraiser and Panel 6:30 - 10:00 pm LABOR DAY DANCE \$10 ALL AGES OPEN TO PUBLIC	2  Victory over Japan 6:30 - 10:00 pm TALLAHASSEE SWING BAND \$10 Open to Public \$7 Students	3 10:00 am Commander's Coalition 6:30 - 9:30 PM SUE BOYD DANCE	4 3:00 - 5:00 pm Tallahassee Veterans Legal Collaborative	5 7:00 pm Doors Open Highway 59 Band \$10 Cover Open to Public	6 HALL AVAILABLE CALL 284-6967
7 ALL AVAILABLE CALL 284-6967	8 7:00 - 9:00 pm DANCE PARTY BENEFIT FOR HUMAN TRAFFICKING \$10 ALL AGES OPEN TO PUBLIC	9 6:30 - 10:00 pm TALLAHASSEE SWING BAND \$10 Open to Public \$7 Students	10 6:30 - 9:30 PM SUE BOYD DANCE AND LESSONS OPEN TO PUBLIC	11  3:00 - 5:00 pm Legal Collaborative 5:30 pm Executive Board Meeting 6:30 pm General Meeting	12 7:00 pm Doors Open Albert Castiglia \$20 / \$25 Cover Open to Public	13 6:30 pm Doors Open Crooked Shooz Band \$10 Cover Open to Public
14 ALL AVAILABLE CALL 284-6967	15 7:00 - 9:00 pm DANCE PARTY \$10 ALL AGES OPEN TO PUBLIC	16 6:30 - 10:00 pm TALLAHASSEE SWING BAND \$10 Open to Public \$7 Students	17 6:30 - 9:30 PM SUE BOYD DANCE AND LESSONS OPEN TO PUBLIC 	18   3:00 - 5:00 pm Legal Collaborative 5:00 - 10:00 pm Women Veterans Unite	19 7:00 pm Doors Open 4 Local Metal Bands Open to Public	20 ALL AVAILABLE CALL 284-6967
21 HALL AVAILABLE CALL 284-6967	22 7:00 - 9:00 pm DANCE PARTY \$10 ALL AGES OPEN TO PUBLIC 	23 6:30 - 10:00 pm TALLAHASSEE SWING BAND \$10 Open to Public \$7 Students	24 6:30 - 9:30 PM SUE BOYD DANCE AND LESSONS OPEN TO PUBLIC	25 3:00 - 5:00 pm Tallahassee Veterans Legal Collaborative 6:30 pm POST SOCIAL 	26 HALL AVAILABLE CALL 284-6967 	27 HALL AVAILABLE CALL 284-6967
28 5:30 pm Fresh Mullet Fry Dinner and Music by the Curry's with Grant Peeples \$35 Open to Public	29 VFW DAY  7:00 - 9:00 pm DANCE PARTY \$10 ALL AGES OPEN TO PUBLIC	30 6:30 - 10:00 pm TALLAHASSEE SWING BAND \$10 Open to Public \$7 Students	30 6:30 - 9:30 PM SUE BOYD DANCE AND LESSONS OPEN TO PUBLIC	1 OCTOBER 3:00 - 5:00 pm Tallahassee Veterans Legal Collaborative	2 HALL AVAILABLE CALL 284-6967	3 ALL AVAILABLE CALL 284-6967

To Book your Event at the Post, please call 850-284-6967. We do not maintain regular office hours. All services performed here are volunteer hours. Generally, the office is open from Noon until late afternoon. If you must leave a message, please make certain to leave your area code as part of your telephone number.

Post News

Located at:
229 Lake Ella Drive
Tallahassee, Florida 32303

Mailing Address:
American Legion,
Sauls-Bridges Post #13
PO Box 38028
Tallahassee, FL 32315-8028

Phone: 850-222-3382
Web: FloridaLegionPost13.org
Email: amleqp13@gmail.com

**For God
and Country**

SEPTEMBER 2025

Return Service Requested

Non-Profit Organization

US Postage PAID

Tallahassee, Florida

Permit No. 21

Editing/Layout:

Paula Wilkins

Photos: Email:

aml13newsletter@gmail.com

Webpage (Face book): Google:
"American Legion Sauls-Bridges"

EVENTS BOOKING:

(850) 284-6967



Deadline for the OCTOBER 2025

Newsletter will be

SEPTEMBER 17th at 5:00pm

Newsletter items can be submitted three ways: (1) Place in the Newsletter Box in the Post 13 office (2) Mail to the return address above, or (3) Submit (with a subject line) to the Post's Newsletter Email Address: **(Please Note this is a NEW email address and should be used for NEWSLETTER communication only.)**

AML13NEWSLETTER@GMAIL.COM

All Articles published require the Commander's approval.

PLEASE NOTE:

Post General Membership Business Meetings are held on the 2ND Thursday of each month at 6:00 pm.

POST SOCIALS are held on the 4TH Thursday of each month at 6:30 pm. [Except for Nov. & Dec.]

**IF YOU WOULD LIKE TO CONTRIBUTE AN ITEM FOR THE NEWSLETTER
PLEASE EMAIL AMLNEWSLETTER@GMAIL.COM**