



Sauls-Bridges American Legion Post 13 News



Volume 51, Issue 10

October 2016

Operation Thank You Veteran's Day Breakfast Sponsored by American Legion and Leon County

Once again the American Legion and Leon County Government will partner to honor local veterans with the Operation Thank You Veteran's Day Breakfast, Friday November 11th at the American Legion Sauls-Bridges Post 13. The breakfast event will start at 6:30 a.m. At 8 a.m. a brief ceremony will commence to honor all veterans and pause to remember those that made the ultimate sacrifice. Each year the event attracts veterans, families, and elected officials seeking to recognize and remember our hometown heroes. For more information, please contact Shington Lamy with Leon County at (850) 606-5300 or lamys@leoncountyfl.gov.

VOLUNTEERS NEEDED FOR VETERANS DAY BREAKFAST

Veteran's Day will soon be upon us!

That means it is time to get the volunteers for our annual breakfast lined up.

Your legion team this year will be run by Jimmy Steele and his co-workers—but we will still need lots of help on the morning of November 11th.

In all, I need 26 volunteers to help in the kitchen; 30 will be even better! So if you can help, give Jimmy a ring @ (850) 322-5726, or email me at bubblehead408@gmail.com.

Breakfast must be ready to serve promptly @ 6:45 AM until 9:00 AM.

Servers must be ready with aprons, hats, and gloves by 6:30 AM.

All others will begin no later than 5:30 AM.

Also needed—

- A minimum of 3 stand alone single burner gas cookers.
- Two large gas powered grills for bacon & sausage.
- Extra filled gas propane bottles for cookers & grills.

Next Planning Meeting is Sept. 26th @ 2:00 pm at Post 13. Join us!

The poster features the Leon County logo at the top center, flanked by the American Legion and American Legion Auxiliary logos. Below the logo is a shield with silhouettes of three veterans. A red banner reads "OPERATION THANK YOU". The main text in large yellow letters says "HONORING OUR VETERANS". Below this are three small photos: a veteran in a military cap, a group of people in red shirts, and a group of people. The date "FRIDAY NOVEMBER 11, 2016" is prominently displayed. The bottom section contains event details: "Leon County Government and the American Legion Sauls-Bridges Post 13 invite the community to honor our hometown heroes on Veterans Day at the American Legion located at 229 Lake Edo Drive. Breakfast 6:30 - 9 a.m. • Ceremony Program 8 a.m. Following Operation Thank You, join us for the Veterans Day Parade at 10:45 a.m. along Monroe Street. For more event information, please contact Shington Lamy, (850) 606-5329. LamyS@LeonCountyFL.gov

POST 13 NEWS

POST 13 GENERAL MEETINGS

All Post 13 Members:

We Need "YOU" at the GENERAL MEETINGS on the 2nd Thursday of the month. We now have new bar hours 5:30-10:00pm, except during the meeting time between 7:15-8:30pm. Well drinks \$1, and Draft Beer \$1. Have a drink, fellowship, play cards, watch TV, or just relax after the meeting.

BIG BEND HONOR GUARD NEEDS VOLUNTEERS

The Big Bend Honor Guard is asking for Volunteers to provide military honors for all our deceased military veterans. Should you be interested in supporting this endeavor, the following contact information is provided.

Jim Geuin (Coordinator) (850) 508-9433

Email: jimgeuin@yahoo.com

National Cemetery contact (850) 402-8941

Web: <https://www.facebook.com/BigBendHonorGuard/?fref=nf>



GOLF TOURNAMENTS FOR VETERANS AMVETS POST 1776

The AMVETS Golf Tournament will be held Monday, September 19th, 2016, at Golden Eagle Golf and Country Club. The Tournament is open to the public and Veterans are encouraged to participate.



LEATHERNECK INVITATIONAL



Benefit for Marine Corps League Charities & Leon High School Marine JROTC Program
October 21, 2016, Capital City Country Club

Registration: Medal of Honor \$1000; Eagle/Globe/Anchor \$ 500; Sharpshooter \$ 250; Hole Sponsor \$ 100; Foursome \$ 360; Individual Golfer \$ 90

Send applications and checks payable to: Marine Corps League #472, P. O. Box 5284. Tallahassee, FL 32314. Call 850-528-3854 For Information

New Membership Report

September 8, 2016

MEMBERS TRANSFERRING IN: Michael Thomas: (FL Post 84); USNA; Vietnam

TOTAL PAID UP MEMBERSHIP FOR 2017: renewals/new members 326 (cards received) of 599
(goal) = 54.424 %

"Whatever you are, be a good one." —Abraham Lincoln

REMEMBERING 9/11/2001



From Bob Wray,

A date inculcated in our minds, in our memory and in our hearts.

15 years ago on 9/11, the Twin Towers fell.

The 412 emergency workers who died fighting the original attack are now part of the 1.6 million soldiers honored on Memorial Day since they died fighting the War on Terror. Millions displayed American flags in September 2011 to show their determinism against Terror. Many countries also condemned this terrorism including Cuba, China, Russia, North Korea and even eleven Muslim organizations.

A sad day for America
 As destruction rang from hell.
 It again awakened a sleeping giant
 On that day the Towers fell.
 Our hearts were deeply saddened
 As we watched the act unfold,
 As innocent people met terrible death
 The seeds of War were sowed.
 America usually just slides along
 But don't step on her toes
 For her allegiance is for God and Country,
 And we will stamp out our al Queda foes.



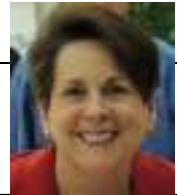
BROU, FRANCE LIBERATION ANNIVERSARY

The 72nd anniversary of the liberation of Brou by General Patton's regiment on the 14th of August 1944. Brou France, is the original location of the Borne, the monument we have out behind the Legion Hall. If you have not seen this monument please come down to the Legion to do so. We have been adding the names of our members who were in WWII to the Patio of Bricks. If you know of someone we do not have, please inform us so we can complete our memorial.

Thanks for your help,
 John Folsom, Commander

Left and Center: Commemoration in Brou, France. Right, the Borne by the Legion Hall & Lake Ella.





Navigating for Veterans and their Families

Greeting to All,

The District School of Instruction was a great success and thanks to President Kweyama for her leadership in getting the word out about the Auxiliary's Programs, their benefits, reporting of our accomplishments and volunteer hours. News Alert! Mid-term reports will be due soon.

The Auxiliary is very proud to have two Girl State delegates as our special guest at September's social. These two fantastic young ladies will give us a short recap of their days spent at Florida State University and the experience they shared with other Girl State delegates throughout our grand state. Be sure not to miss this special social. The Auxiliary will be preparing the food and appreciate all Auxiliary members attendance.

Mark your calendar for the upcoming events: **October 6**, Continuous Service Pinning Luncheon 11:30 - 1:00 pm; ALA Executive Committee Meeting, **October 13 @ 6:00** pm in the "Hooch"; ALA General Membership Meeting, **October 13 @ 7:00** in the "Hooch". Brown Bag Luncheon, **October 20** beginning at 11:30 am in the Post, followed by applying the final touches for Newsletter processing. This assistance helps the Legion bring the newsletter to you. Bring you lunch, stay and get acquainted with your fellow Legion and Auxiliary members.

LET ME LEAVE YOU WITH THIS MESSAGE **THE AMERICAN LEGION AUXILIARY EMBLEM**

The emblem of the American Legion Auxiliary is your badge of distinction and honor. It stands for God and Country and the highest rights of man. It consists of several parts, and each part has a meaning. The rays of the sun that form the background stand for the principles of the American Legion Auxiliary, for the Loyalty, Justice, Freedom and Democracy; dispelling the darkness of violence, strife and evil. The unbroken circle of blue represents Unity and Loyalty. The field of white exemplifies the hope of Freedom. The star of blue is the emblem of service in war; it is no less the emblem of service in time of peace.

The emblem of the American Legion Auxiliary is the emblem of Americanism. As members of the American Legion Auxiliary, we must preach and teach principles of Americanism. Let us not forget that to each generation comes its patriotic duty and that upon your willingness to sacrifice and endure, rest and hope for the nation. For God and Country,

Nell Hewitt, President
ALA Sauls-Bridges Unit 13





CHAPLAIN'S CORNER



Cheryl Prescott
Auxiliary Chaplain

Our Heavenly Father, we are grateful for our blessings. We thank thee for the friendships we share as members of our Post 13 and ALA unit 13. We ask for guidance as we serve our neighbors in need in our community. Help us listen and to show our love in action. Help us to have open hearts and minds to be aware of our veterans and those currently serving and their needs. Help us to show them we are here for them as they serve to protect freedoms. Help us to remember as we serve those in need in our community we are serving thee. Help us to enjoy the beauty in nature this autumn and fall as a gift from thee.

In Thy Holy Name We Pray

Amen

Cheryl Prescott

Chaplain

ALA Unit 13

August Social

Another great event, great food, great fellowship, great program. So I guess, you could say everything was great! Why not come out and attend our next social? You will have a great time! August is the month that we honor our young men that attended Boys State. Six were in attendance, and each one gave an account of each of their activities at Boys State. Post 13 is honored to have such fine young men representing the American Legion.

As always, there was plenty of raffle items to be won. We thank the Auxiliary for providing the raffled items. This part of the social is always a big hit! Among those winning, were Michael Gavin, Annelle Blanchett, Muriel Kweyama, Bob Stansbury, Sandy Walker, Chris Kimball, & Doug Marsh.

Our next Social will be September 22nd. The menu will be beef stew, salad, rolls, and the usual delicious desserts. The meal will be prepared by the Auxiliary. So, come out, have a nice dinner, a cold drink, a dessert or two, win a raffle, and fellowship with some members you may have not seen for a while.

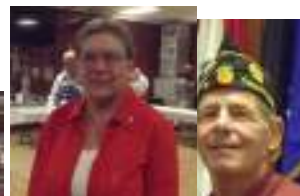
PHOTOS FROM AUGUST SOCIAL



Boys State delegation from Post 13.
Left to right: Jean Paul Recht, Robert Skorb,
Guiseppe Ford, Dawson Brown, Ben Rushin,
Ben Lindquist. Acting Commander Ernie Alvarez.



Raffle Winners



DID YOU KNOW? by JOHN FOLSOM / Commander

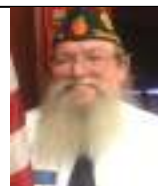
This month provided by 3d Vice Jeremiah Collier:

While many think that Declaration of Independence was attributed to mostly one individual, Thomas Jefferson, this was far from the truth. This writing was rather written by a group, human minds at work on a larger scale than that of a single mind. This was a collective endeavor. Those writers called themselves "independents", in today's world they would be call "radicals". These men, John Adams, Richard Henry Lee, and Thomas Jefferson faced many road blocks within the developing Congress and the people within the colonies. Newly elected Jefferson was not at the center of things, it was Adams and Lee that did all the writings; they were tremendous writers. Jefferson came into the picture much later. While Jefferson would take copious notes during Congress he was not a talker and seldom spoke. A big need after the year 1774 for the Continental Army was not arms, but rather "salt," making or purchasing it to preserve food needed for the Army.

"IDEALS OF THOUGHT"

If you bury your head in the sand and believe that things will just get better on their own, that you will awake one day to find the government will leave you alone, then you deserve to see your children wearing the chains of government servitude. (Inspired by Thomas Paine, Common Sense; G. Beck)

We are more anxious to be distinguished for a talent which we do not possess, than to be praised for the fifteen which we do possess (Witt and Wisdom of Mark Twain)



From: Havanaherald.net by Byron Spires, May 20, 2016

CROCHETING HELPS OVERCOME SIGHT DISABILITY

Life throws us many curves and obstacles. Sometimes they seem insurmountable. Phyllis Lent is one of those people that has not let what happened to her interfere with her faith or her determination to have a full life.

Now retired, Phyllis is in her eighties and has lost her eyesight. She has Macular Degeneration eye disease and is legally blind. That affliction has not stopped Phyllis from finding a way to stay both active and to make a difference with her life. Phyllis lost her eyesight in 1999 after retiring in California. The couple moved to Gadsden County ten years ago. Prior to losing her eyesight, she said, she had been involved in craft work and had won several awards for her work including first place in the Los Angeles County Fair for one of her dolls.

She also made her own clothes. Her enjoyment of craft work was her salvation after she started to lose her eyesight and she concentrated her efforts on crocheting. "It is the only thing I can do," Phyllis said as she held up a piece she was crocheting at the time and explained how she used her sense of touch to guide her fingers.

Crocheting would be a great accomplishment alone, but for Phyllis just crocheting wasn't enough. She believes in giving back and her crocheting has become a ministry. Over the years she has given her crocheted pieces to a host of people in need. She makes lap robes. Last year she made over 90 lap robes for Big Bend Hospice.

She attends St. Thomas Catholic Church and several of the members have received lap robes during their illness. About facing an illness like hers, she would recommend that the person get a hobby.

"You can't just sit around and feel sorry for yourself," Phyllis said of having a debilitate illness. Life is difficult without sight, she will tell you, but you have to compensate. As an example, she said, now she puts toothpaste on her finger and then on the toothbrush by feeling the bristles. When Phyllis discovered she was losing her sight she sought help through her doctor. She was able to take classes to learn how to live with her disability.

Her friend Janie Southerland speaks very highly of her. "There is one word I could use to describe Phyllis, amazing," Southerland said of her friend. "The things she can do, people with their full eyesight cannot do!" Janie also helps out at church and is an especially good cook. "We call her the brownie lady," Janie added about her baking ability. Janie went on to say that the church has taken her lap robes to a lot of places including Ireland.




Phyllis also gives her lap robes to the **American Legion Women's Auxiliary Unit 13 (Lake Ella)** for veterans as a community service project. She has been a member of the **American Legion** for over 25 years.

Phyllis compensates for her blindness in other ways, too. She listens regularly to books on CDs and highly recommends them as a form of entertainment. But it is her crocheting that keeps her busy. She continually crochets whether she is listening to a good book or just sitting and visiting; her hands are always busy crocheting away. Phyllis is definitely not a person who gives up easily.



Janie Southerland, left, is shown with Phyllis Lent and her crocheted lap robes that she gives away.

OCTOBER 2016

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2 9:30am RIVER CHURCH 7:30pm Gospel Sing	3 Ballroom Dance w/DJ 7:30 - 10:00p \$5 cover	4 Tallahassee Swing Band 7:30 - 10p \$6 cover	5 Sue Boyd Country Dance Lessons - 6:30p-9:45pm \$8	6 6:30 PM Black Cats and Old Dogs Fundraiser	7 Lee's Place Fund-raiser \$20	8 8pm Leon High Class of '76
9 9:30am RIVER CHURCH	10 Ballroom Dance w/DJ 7:30 - 10:00p \$5 cover	11 1:00 pm Veteran Town Hall Meeting Tallahassee Swing Band 7:30 - 10p	12 Sue Boyd Country Dance Lessons - 6:30p-9:45pm \$8	13 6pm-ALA Exec. Mtg. 6:30 pm Post Exec. Board Mtg. 7:30pm General Membership Mtg.	14 8pm Crooked Shooz \$8 / \$15	15 8pm Witches Ball \$10-Advance \$13-at Door
16 9:30am River Church	17 Ballroom Dance w/DJ 7:30 - 10:00p \$5 cover	18 Tallahassee Swing Band 7:30 - 10p \$6 cover	19 Sue Boyd Country Dance Lessons - 6:30p-9:45pm \$8	20 6-9pm-Tallahassee Writers Assoc.	21 8pm Grant Peoples \$15	22 7:30pm Cornerstone Learning Community Fund-raiser \$16.50
23 / 30 9:30am River Church HALLOWEEN EVE; WATCH FOR TRICK-OR-TREATERS!	24 / 31 Ballroom Dance w/DJ 7:30 - 10:00p \$5 cover	25 Tallahassee Swing Band 7:30 - 10p \$6 cover	26 Sue Boyd Country Dance Lessons - 6:30p-9:45pm \$8	27 7pm—POST SOCIAL	28 8pm ACME Band \$10	29

Post News

Located at:
229 Lake Ella Drive
Tallahassee, Florida 32303

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Sauls-Bridges Post #13
PO Box 38028
Tallahassee, FL 32315-8028

Phone: 850-222-3382
Web: FloridaLegionPost13.org

**For God
and Country**

OCTOBER 2016

Non-Profit Organization

US Postage PAID

Tallahassee, Florida

Permit No. 21

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EVENTS BOOKING: Brenda Austin (850) 284-6967



Deadline for the NOVEMBER 2016

**Newsletter will be
OCTOBER 15th at 5:00pm**

Newsletter items can be submitted three ways: (1) Place in the Newsletter Box in the Post 13 office (2) Mail to the return address above, or (3) Submit (with a subject line) to the Post's Email Address:

AMLEGP13@GMAIL.COM

All Articles published require the Commander's approval.

PLEASE NOTE:

Post General Membership Business Meetings are held on the 2ND Thursday of each month at 7:30 pm.

POST SOCIALS are held on the 4TH Thursday of each month at 7:00 pm. [Except for Nov. & Dec.]